



Black Rock Primary School Policy Guide

Rationale:

Vitamin D is essential for growth and general health hence a balance of ultraviolet radiation exposure is important. Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school.

Sun protection is used 'during the sun protection times (whenever UV levels are three or above)' or 'from September to the end of April' and NOT just during Terms 1 and 4.

Aims:

To educate students as to suitable SunSmart protection strategies.

To encourage children and teachers to protect themselves from the harmful effects of the sun.

Implementation:

- This policy is to be read as part of our Student Dress Code.
- Children will be required to wear Anti-Cancer Council approved close-weave broad brimmed hats (at least 8 cm rigid brim) from September to the end of April whenever they are outside.
- Staff will act as role models by also wearing broad brimmed hats when outside.
- Children without broad brimmed hats will be restricted to play in designated shaded areas.
- Children will be actively encouraged to wear a broad-spectrum water resistant sunscreen (SPF30+).
- Sunscreen should be provided by parents for use at school and on excursions.
- Teachers will encourage students to apply sunscreen supplied from home before going outside.
- It is the parents' responsibility to be aware of the manufacturer's directions and to explain to their child the correct application.
- Whenever possible, outside activities on hot days should be scheduled before 11:00 am.
- The School Council will endeavour to provide adequate shade structures for students as practicable.
- The school's uniform shop will ensure that the school broad brimmed hats are available for purchase.
- The school newsletter and school assemblies will be used to highlight and reinforce the SunSmart policy.
- Students who do not have a school broad-brimmed hat to wear when playing outside will be required to sit in designated shaded areas, at school and whilst on excursions and sporting events during the relevant months.
- SunSmart activities and sun protection will form part of the Health and Physical Education curriculum at all year levels.

Evaluation:

This policy will be reviewed as part of the school's three-year review cycle.

Recommendations:

Inform the school community via Compass, E-News and announcements that the implementation of the SunSmart policy will be from the beginning of September to the end of April.

The School Council, Buildings and Grounds Committee and staff are to ensure that outdoor environment is sun safe and provides shade for students and staff.

Evaluation:

This policy will be reviewed as part of the school's three-year review cycle.